Meal Plan

Meal Plan 17

Slow Cooker Butter Chicken over White Rice with Naan
(Damn Delicious)

Impressive Roast Chicken with Peas
& Quinoa
(The Anchored Kitchen)

Lemony Kale & White Bean Soup with Tuscan Loaf
(Fork Knife Swoon)

Rigatoni with Winter Squash, Sausage, & Kale
(From *Super Tuscan* by Gabriele Corcos & Debi Mazar

Three Meat Meatloaf
with Simple Arugula Salad
(The Anchored Kitchen)

Creamy Chicken Quinoa & Broccoli Casserole
(Pinch of Yum)

Printable Grocery List

THE Anchored KITCHEN