

# Meal Plan 34

Balsamic Chicken & Peppers with Potato Wedges

(Williams Sonoma)

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Baked Shrimp Scampi with Side Salad  
& Roasted Asparagus

(Barefoot Contessa)

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Basil Chicken with Rice (Pad Grapow)

(Chrissy Teigan courtesy of Eat.Drink.Frolic.)

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Baja Grilled Flank Steak Salad

(Skinny Taste courtesy of Lesly's Book Nook)

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Slow Cooker Chicken Curry  
with Naan & Basmati Rice

(Martha Stewart)

[Printable Grocery List](#)