

Meal Plan

Meal Plan 29

Baked Chicken Parmesan
over Fettucinni with Side Salad
(Skinny Taste)

Garlic Parmesan Baked Halibut over Rice
(Port & Fin)
with Roasted Asparagus
(Ina Garten)

Garlic & Paprika Chicken with Corn on the Cob
(Jo Cooks)
with BBQ Blistered Okra
(The Anchored Kitchen)

Skillet Chicken & Zucchini Enchiladas with Tomatillo Sauce
(Epicurious)

Rosemary Balsamic Pork Tenderloins with
(Handle the Heat)

Roasted Cauliflower & Garlic Roasted Potatoes
(Food Network) (Ina Garten)

[Printable Grocery List](#)

THE
Anchored
— KITCHEN —