

Meal Plan

Meal Plan 23

Rotisserie Chicken Salad with Charred Scallion Dressing
(Epicurious)

Comforting Beef Stew with Loaf of Bread
(The Anchored Kitchen)

Sausage & Potato Roast with Arugula
(Smitten Kitchen)

Enchilada Quinoa Casserole
(Damn Delicious)

Baked Greek Chicken over White Rice
(The Anchored Kitchen)

Roast Salmon and Broccoli with Chili-Caper Vinaigrette
(Bon Appetit)
with Dill Red Potatoes with Lemon & Butter
(The Anchored Kitchen)

[Printable Grocery List](#)