

Meal Plan

Meal Plan 15

Willy's Chili with
Buttermilk Jalapeño Cheddar Cornbread
(The Anchored Kitchen)

One Pot Pesto Chicken over Rice
(Prevention Magazine)

Baked Salmon with Lemon Cream Sauce (Natasha's Kitchen)
& Roasted Broccoli
(The Anchored Kitchen)

Sheet Pan Sausage & Peppers over Cheesy Polenta
(The Anchored Kitchen)

Slow Cooker Pork Carnitas Burrito Bowl
Over Cilantro Lime Rice
(Skinny Taste)

Sheet Pan Skirt Steak with Balsamic Vinaigrette,
Broccolini & White Beans (Epicurious)
with Roasted Potatoes (Bon Appetit)

[Printable Grocery List](#)