

Meal Plan

Week 5:

Fire Roasted Tomato Soup with Side Salad & Bread

Tortellini Chicken Salad

Greekish Grilled Shrimp with
Cherry Tomato Salad &
Lemon-Dill Orzo Pilaf

London Broil with Summer Salsa &
Corn on the Cob

Fajita Chicken Bake with
Tableside Guacamole & Chips

Beef & Cabbage Stir Fry

[Printable Grocery List](#)