

# Meal Plan

## Meal Plan 16

Leftover Hambone Soup with Sourdough Bread  
(Damn Delicious)

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Baked Paprika Parmesan Chicken (Sugar Apron)  
Roasted Garlic Broccoli (The Anchored Kitchen)

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Braised Chicken with Peas, Onions & Mushrooms  
with a Loaf of Crusty Bread  
(Tasting Table)

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Chicken Tamale Pie  
(Pinch of Yum)

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Spinach Lasagna Rolls (Skinny Taste)  
with Simple Arugula Salad  
(The Anchored Kitchen)

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Crispy Sheet Pan Gnocchi & Veggies  
(The Kitchn)

[Printable Grocery List](#)